

JULY 2023

Path to Healing

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 Coaching Call w/ Jeanene 3pm ET	4 Coaching Call w/ Jeanene 3pm ET	5	6 Empowerment Coaching w/ Dee DiFatta 3pm ET	7	8
9	10 Coaching Call w/ Jeanene 3pm ET	11 Coaching Call w/ Jeanene 3pm ET	12	13 Mindset Coaching w/ Matt Rowe 3pm ET	14	15
16	17 Coaching Call w/ Jeanene 3pm ET	18 Coaching Call w/ Jeanene 3pm ET	19	20 Mindset Coaching w/ Matt Rowe 3pm ET	21	22
23/30	24/31 Coaching Call w/ Jeanene 3pm ET	25 Coaching Call w/ Jeanene 3pm ET	26	27 Mindset Coaching w/ Matt Rowe 3pm ET	28	29

AUGUST 2023

Path to Healing

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Coaching Call w/ Jeanene 3pm ET	2	3 Mindset Coaching w/ Matt Rowe 3pm ET	4	5
6	7 Coaching Call w/ Jeanene 3pm ET	8 Coaching Call w/ Jeanene 3pm ET	9	10 Self Care w/ Empowerment Coach, Dixie Willis 3pm ET	11	12
13	14 Coaching Call w/ Jeanene 3pm ET	15 Coaching Call w/ Jeanene 3pm ET	16	17 Mindset Coaching w/ Matt Rowe 3pm ET	18	19
20	21 Coaching Call w/ Jeanene 3pm ET	22 Coaching Call w/ Jeanene 3pm ET	23	24 Rise Above MS w/ Dee DiFatta 3pm ET	25	26
27	28 Coaching Call w/ Jeanene 3pm ET	29 Coaching Call w/ Jeanene 3pm ET	30	31 Mindset Coaching w/ Matt Rowe 3pm ET		

SEPTEMBER 2023

Path to Healing

SUN

MON

TUE

WED

THU

FRI

SAT

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 Coaching Call w/ Jeanene 3pm ET	5 Coaching Call w/ Jeanene 3pm ET	6	7 Energy Healing w/ Traci Hill 3pm ET	8	9
10	11 Coaching Call w/ Jeanene 3pm ET	12 Coaching Call w/ Jeanene 3pm ET	13	14 Self Compassion w/ Empowerment Coach, Dixie Willis 3pm ET	15	16
17	18 Coaching Call w/ Jeanene 3pm ET	19 Coaching Call w/ Jeanene 3pm ET	20	21 Mindset Coaching w/ Matt Rowe 3pm ET	22	23
24	25 Coaching Call w/ Jeanene 3pm ET	26 Coaching Call w/ Jeanene 3pm ET	27	28 Mindset Coaching w/ Matt Rowe 3pm ET	29	30

OCTOBER 2023

Path to Healing

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Coaching Call w/ Jeanene 3pm ET	3 Coaching Call w/ Jeanene 3pm ET	4	5 Rise Above MS w/ Dee DiFatta 3pm ET	6	7
8	9 Coaching Call w/ Jeanene 3pm ET	10 Coaching Call w/ Jeanene 3pm ET	11	12 Mindset Coaching w/ Matt Rowe 3pm ET	13	14
15	16 Coaching Call w/ Jeanene 3pm ET	17 Coaching Call w/ Jeanene 3pm ET	18	19 Gluten-Free Cooking Demo w/ Jen 1pm ET	20	21
22	23 Coaching Call w/ Jeanene 3pm ET	24 Coaching Call w/ Jeanene 3pm ET	25	26 Mindset Coaching w/ Matt Rowe 3pm ET	27	28
29	30	31				